

Independent Living June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY Black=Regular Events Red= Special On Campus Green=Off Campus</p> 			<p>1 9am Exercise 10am Exercise 10:30am Seamstress 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion 6pm Thundertones!</p>	<p>2 9am Exercise 10am Balance in Action with Genesis 11am Cain's Jawbone Book Club 12:30pm Bridge 3pm Corn Hole 6pm Movie—"Quartet"</p>	<p>3 12:15pm Trip out to Die Zauberflote (12:55) 12:30pm Bridge 6:15pm Bingo</p>	
<p>4 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Rev. Shannon Blosser, Pea Ridge United Methodist 6pm Movie—"The Rains Came"</p>	<p>5 9am Exercise 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12:30pm Bridge 2pm Argentina Travel Video 3pm Corn Hole 4pm Meditation W3, 2nd Floor</p>	<p>6 D-Day 9am Exercise/10am Exercise 12-2pm Todd Chow 1pm Kroger 1pm Chair Yoga 1pm Right Left Center 2pm Knitting Circle & Loom 2pm One Day University 6:15pm—Croquet Match</p>	<p>7 9am Exercise 10am Exercise 10am Bible Study 11:15am Men's Exercise Class 12:30pm Bridge 1pm Dr. Brashears Audiologist 4pm Happy Hour (BYOB) 6pm Southside Alliance, Dan Gooding 6:15pm Bingo</p>	<p>8 9am Exercise 10am Exercise 10:30am Seamstress 1pm Chair Yoga 1:30pm Pool Shots 2pm A Taste of Argentina 3pm Board Games 4pm Communion</p>	<p>9 9am Exercise 10am Balance in Action with Genesis 11am Cain's Jawbone Book Club 12:30pm Bridge 3pm Corn Hole 6pm Movie—"Moving On"</p>	
<p>11 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Rev. Sid Wheeler, First Presbyterian 6pm Movie—"The Mark of Zorro"</p>	<p>12 9am Exercise 10am Exercise 10:30am Activities Meeting 11am Huntington Federal Bank 11:15am Men's Exercise Class 12:30pm Bridge 2pm WV Humanities Little Lectures 3pm Corn Hole</p>	<p>13 9am Exercise/10am Exercise 12-2pm Todd Chow 1pm Chair Yoga 1pm Ashland Mall 1pm Mexican Train Dominos 2pm Knitting Circle & Loom Knitting, W5 #184 Cmmns Area 6pm Parkinson's Support 6:15pm—Croquet Match</p>	<p>14 Flag Day 9am Exercise 10am Food Committee 10am Exercise 11:15am Men's Exercise Class 12:30pm Bridge 2pm Veteran Quilt Presentation 4pm Happy Hour (BYOB) 5pm Out to Dinner—The Grill 6:15pm Bingo</p>	<p>15 9am Exercise 10am Exercise 10:30am Seamstress 1pm Chair Yoga 1:30pm Pool Shots 2pm Resident Council 3pm Beer Tasting! 4pm Communion 6pm Dan Holbrook Conspiracy Theory</p>	<p>16 CAR SHOW!! 9am Exercise 10am Balance in Action with Genesis 11am Cain's Jawbone Book Club 12:30pm Bridge 3pm Corn Hole 6pm Movie—"Invitation to Murder"</p>	
<p>18 Father's Day! 1:30pm Virtual Worship Service, Ch. 1990 1:30pm Worship Service with Rev. Doug Pendleton, SMMC 6pm Movie—"Desk Set"</p>	<p>19 9am Exercise 10am Exercise 11am Huntington Federal Bank 11:15am Men's Exercise Class 12:30pm Bridge 2pm Lincoln County Cloggers 3pm Corn Hole</p>	<p>20 WV Day! 160 years old! 9am Exercise / 10am Exercise 10am MU Art and Aging 11am Huntington Federal Bank 12-2pm Todd Chow 12:30pm MU Emeritus Club 1pm Chair Yoga 1pm Kroger 1pm Right Left Center 2pm One Day University 6:15pm—Croquet Match</p>	<p>21 9am Exercise/10am Exercise 10am Bible Study 11:15am Men's Exercise Class 12:30pm Bridge 4pm Happy Hour (BYOB) 6:15pm Bingo</p>	<p>22 9am Exercise 10am Exercise 10:30am Seamstress 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion 6pm Out to Dinner Jewel City Seafood</p>	<p>23 9am Exercise 10am Balance in Action with Genesis 11am Cain's Jawbone Book Club 12:30pm Bridge 3pm Corn Hole 6pm Movie—"King Richard"</p>	
<p>25 1:30pm Virtual Worship, Ch1990 1:30pm Worship Service with Rev. Shannon Blosser, Pea Ridge United Methodist 6pm Movie—"The Common-charos"</p>	<p>26 9am Exercise /10am Exercise 11am Huntington Federal 11:15am Men's Exercise Class 12:30pm Bridge 3pm Corn Hole 6:30pm CK Alumni Band</p>	<p>27 9am Exercise /10am Exercise 12-2pm Todd Chow 1pm Chair Yoga 1pm Heritage Farm Day! 1pm Mexican Train Dominos 2pm Knitting Circle & Loom Knitting, W5 #184 Cmmns Area 6:15pm—Keith Ellison, Music</p>	<p>28 9am Exercise/10am Exercise 10am Bible Study 11:15am Men's Exercise Class 12:30pm Bridge 4pm Happy Hour (BYOB) 6:15pm Bingo</p>	<p>29 9am Exercise 10am Exercise 10:30am Seamstress 10:30am Book Club 1pm Chair Yoga 1:30pm Pool Shots 3pm Board Games 4pm Communion</p>	<p>30 Birthday Dinner! 9am Exercise 10am Balance in Action with Genesis 11am Cain's Jawbone Book Club 12:30pm Bridge 3pm Corn Hole 6pm—Keith Matheny, Magician</p>	

Healthcare June 2023 (Calendar Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				1 Exercise 11:15am-11:45am Resident Council 2-2:30 Refreshments 2:30—3pm	2 Exercise 11:15am-11:45am Let's Play Cards 2-3pm	3 Pastries & TV Time 10:30-11:30am Bingo 2-3pm
4 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service Carol Gump 3-3:45pm, Chapel	5 Exercise 11:15am-11:45am Bingo 2:00-3:00pm 3pm-3:30pm Mass w/Father Dean, Chapel	6 Exercise 11:15am-11:45am Gardening and Smoothies on the Patio 2-3pm	7 Exercise 11:15am-11:45am Travel to Argentina Video & Snacks 2-3pm	8 Exercise 11:15am-11:45am Taste of Argentina with Tangogypsies 2-3pm	9 Exercise 11:15am-11:45am Aspire Music Therapy 2-3pm	10 Pastries & TV Time 10:30-11:30am Bingo 2-3pm
11 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service/Communion with Carol Gump 3-3:45pm, Chapel	12 Exercise 11:15am-11:45am Bingo 2:00-3:00pm 3pm-3:30pm Mass w/Father Dean, Chapel	13 Exercise 11:15am-11:45am Father's Day Treats 2-3pm Pretty Nails 2-3pm	14 Exercise 11:15-11:45am Walmart 1-4pm Activites in the Neighborhoods 2-3pm	15 Exercise 11:15-11:45am Decorating for Car Show 2-4pm	16 Woodlands Annual Car Show 9:30-1pm DJ Herb Bell 10-1pm Lunch Served in Activity Room 11:30-12:30	17 Pastries & TV Time 10:30-11:30am Bingo 2-3pm
18 Father's Day! Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service/Communion with Carol Gump 3-3:45pm, Chapel	19 Exercise 11:15am-11:45am Lincoln County Cloggers 2-3pm 3pm-3:30pm Mass w/Father Dean, Chapel	20 Exercise 11:15am-11:45am Crochet/Knitting Circle 2-3pm	21 First Day of Summer! Exercise 11:15am-11:45am Trip to Austin's Ice Cream 2-3:30pm	22 Exercise 11:15am-11:45am Ice Cream & Trivia on the Patio 2-3pm	23 Exercise 11:15am-11:45am Aspire Music Therapy 2-3pm	24 Pastries & TV Time 10:30-11:30am Bingo 2-3pm
25 Virtual Worship Service 1:30pm-2:30pm, Channel 1990 Worship Service/Communion with Carol Gump 3-3:45pm, Chapel	26 Exercise 11:15am-11:45am Bingo 2-3pm 3pm-3:30pm Mass w/Father Dean, Chapel	27 Exercise 11:15am-11:45am 4th of July Craft 2-3pm Music with Keith Ellison 4:30pm Dining Room	28 Exercise 11:15-11:45am Walmart Trip 1-4pm Activities in the Neighborhoods	29 Exercise 11:15am-11:45am Pretty Nails 2-3pm	30 Birthday Dinner! Exercise 11:15am-11:45am Let's Play Games 2-3pm Birthday Dinner and Magic with Keith Matheny! Dining Room	Friday Room Visits with Chaplain Carol Gump 9am—2pm Outings Weather Permitting